



Insulin Pump Emergency Kit

Everything you need — all in one place!



Pump Supplies

- ✓ Insulin pump (fully charged)
- ✓ Extra pump reservoir(s)
- ✓ Infusion set(s) — at least 2
- ✓ Extra pump batteries or charger cable
- ✓ Insertion device / auto-insertor
- ✓ IV prep wipes / skin tac
- ✓ Medical tape / Tegaderm



Testing Supplies

- ✓ Blood glucose meter + extra lancets
- ✓ Test strips (extra supply)
- ✓ CGM supplies: sensors, transmitter, receiver
- ✓ Ketone meter + ketone strips (or urine strips)



Insulin & Injection Supplies

- ✓ Rapid-acting insulin (vial or pen)
- ✓ Long-acting insulin (if prescribed as backup)
- ✓ Insulin syringes (in case of pump failure)
- ✓ Insulin pens + pen needles
- ✓ Alcohol wipes



Low Blood Sugar Treatment

- ✓ Glucose tablets (at least 15g fast-acting carbs)
- ✓ Juice boxes (4 oz, 15g carbs)
- ✓ Glucose gel packets
- ✓ Crackers or snack for follow-up



Provider Instructions

- ✓ Written sick-day rules
- ✓ Pump failure protocol (injection doses)



Emergency Medicine

- ✓ Glucagon emergency kit (or nasal glucagon)
- ✓ Anti-nausea medication (if prescribed)



Insulin Cooling

- ✓ Insulin cooling case or FRIO pack
- ✓ Insulated bag or pouch
- ✓ Small ice pack (do NOT freeze insulin)



Important Contact Numbers



Parents



Emergency Contact



Healthcare Provider



Keep this kit accessible at all times.
Check and restock supplies regularly.



Coastal Kids Endocrinology & Weight Management